

Positive Alternatives 2016 – Quarterly Update

Grantee: CENTRAL MINNESOTA LIFE CARE CENTER (dba OPTIONS FOR WOMEN)

Goal: To provide positive alternatives to abortion to pregnant and parenting women in central Minnesota

For the period: January 1 – March 31, 2016

| Activity or Service | Activity or Service Description Major Work Plan Activities | Work Plan Count | Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity. | Report Count |
|---|---|-----------------|---|--------------|
| Administrative Activities | Provide guidance to grant staff; complete grant forms; attend required grant meetings | | The executive director provided guidance to grant staff; she and staff also completed grant forms. | |
| Outreach | Advertise programs locally; rent billboard for advertising; manage website and Facebook page; print program brochures and posters | | Our center advertised monthly in a Spanish speaking newspaper as well as two local newspapers. We put up informational posters with tear-off phone numbers in local businesses and bars. We have a website and a Facebook page, as well as Facebook advertising. We also have an ad that shows before every movie in our local movie theatre. | |
| Case Management Services | Provide follow-up to pregnant and new mother clients through phone calls or office visits | 3 | We followed up with 7 clients: followed up on new baby and sleeping, new baby with lots of crying, going to school with a new baby, day care issues, pregnancy and bed rest. We also followed up with positive and negative pregnancy test clients. | 7 |
| Crib Distribution/ Sleep Safety Education | Provide safe sleep education and cribs | 2 | No clients received a crib this quarter, but we do have 2 clients working on getting their crib soon. | 0 |

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| Financial Assistance | Assist clients with submitting applications for financial assistance programs | 1 | We assisted 2 clients with their “Cradle of Hope” Pack N’ Play applications. These clients also participated in our Safe Sleep Program. | 2 |
| Hotline | Provide information and counseling 12 hours per day, 7 days a week. | 1 | We offered phone information and counseling to 4 people. We had calls about how to go about adopting a baby, one about our ultrasound services, one about our pregnancy tests and one asking about our hours and services. | 4 |
| Material Support | Provide material assistance and baby equipment (not offered as incentives in education programs) | 14 | We provided 27 baby items, including used baby clothes, shoes, newborn layettes (1 layette), and baby furniture (6 items). | 27 |
| Nutrition | Provide baby food, formula and referrals to food shelf | 6 | We provided infant formula and baby food on 19 client visits. | 19 |
| Parenting Education | Provide intake assessment, encouragement, instruction and assessment of progress in a parenting education incentive program | 60 | We had 43 client visits to use our Parenting Education Program. Client advocates discussed the video and worksheet with the clients. Client advocates then assessed their progress and provided them with appropriate incentives. We expect more client visits now that the winter weather is ending. | 43 |
| Pregnancy Education | Provide intake assessment, encouragement, instruction and assessment of progress in a pregnancy education incentive program | 10 | We had 4 client visits to use our pregnancy education program this quarter. Client advocates discussed the videos and worksheets with the clients. Client advocates assessed their progress and provided them with appropriate incentives. | 4 |
| Pregnancy Testing | Provide pregnancy testing, assessment for program eligibility and counseling | 5 | We provided 1 positive and 4 negative pregnancy test this quarter. Client advocates counseled clients. The positive test client was given a referral list and a list of all the help we could offer them at our center. | 5 |

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| Ultrasound | Provide intake assessment, ultrasound services and counseling to women who test positive for pregnancy | 3 | We provided one Ultrasound this quarter. The client was grateful to know how far along she was. | 1 |

| Maternal and Child Health Initiative Task Force Strategies | No. |
|---|-----|
| <i>Number of women who received car seats and car seat safety education from a PA funded program activity</i> | 0 |
| <i>Number of women who received car seat safety education only from a PA funded program activity</i> | 2 |
| <i>Number of women who received child abuse prevention education from a PA funded program activity</i> | 0 |
| <i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i> | 2 |
| <i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i> | 2 |
| <i>Number of women who received sleep safety education only from a PA funded program activity</i> | 3 |

Challenges: Our *Earn While You Learn* program continues to stay busy every month. We do need to work on getting more women to use our Pregnancy Test and Ultrasound Programs. With this in mind, we continue to advertise before every movie that shows in our local theatre. We also advertise on Facebook. We will be hiring a new part-time employee to help with our center outreach. This new person will be focusing on getting the word out to the public about the great services that we offer at our center. We will be holding a Walk for Life in May, hoping also to get the word out about our center.

Comments: